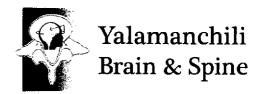
Ravi Yalamanchili, M.D.



Neurological Surgery

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Specializing in: Intracranial Surgery • Microendoscopic Discectomy • Endoscopic Surgery • Spinal Instrumentation
Minimally Invasive Surgery • Stereotactic Surgery • Cyberknife

Post-operative Instructions after Peripheral Nerve Surgery Carpal Tunnel & Ulnar Nerve Release

Medications Take the pain medication prescribed to you following surgery as needed.

Diet Resume your normal diet.

Self-Care Instructions Place the arm that was operated on across your chest when lying or sitting the first 2-3 days as much as possible. This will help to decrease the pain

and will also reduce the swelling.

Remove all dressings the day of after surgery. You may then shower.

Activity Do not drive until you are released to do so at your return appointment.

Notify your doctor if:

If you notice any bleeding, discharge or pain which is not relieved with

pain medications call the office immediately.

Follow-up

Care

Call the office to arrange for an appointment about 1 week after

your surgery.

For further

Feel free to call the office at any time should you have any questions or

concerns.

information