



Yalamanchili Brain & Spine

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Specializing in: Intracranial Surgery • Microendoscopic Discectomy • Endoscopic Surgery • Spinal Instrumentation
Minimally Invasive Surgery • Stereotactic Surgery • Cyberknife

Post-operative instructions after Brain surgery

The following is a list of instructions for your convalescence following your brain surgery. These represent general instructions to be used as guidelines. They may be modified by your physician.

1. Keep your incision dry until your staples are removed.
2. Call the office to schedule an appointment for staple removal to be done 7 to 10 days after your surgery.
3. If there is any redness or drainage from your incision, or if you have a fever, call our office immediately or go to the Emergency Room.
4. If you have a worsening of your headache, drowsiness, a new weakness on one side, or if your family notices a dramatic change in your behavior, call our office immediately or go to the nearest Emergency Room.
5. If you are taking medications to prevent seizures, be sure not to miss any doses and do not let your prescription run out.
6. If you are having a headache and need more pain medication, please be sure to call our office during business hours on Monday through Friday 8 am through 5pm. Prescription renewal by phone may require 48 hours.
7. Lie only on a bed. Head elevated on at least 2 pillows. No sofas or recliners. Sit only in a straight back chair (such as a dining room or kitchen chair.)
8. No bending, stooping, pushing, lifting or straining. Lift only with one arm at a time and only a weight that you can easily manage. Get up from a lying down position by turning first on one side or the other. **DO NOT PUSH BACKWARDS WITH YOUR HEAD & NECK** to adjust your position in bed. Turn on your side to do this.